



First Tennessee Human Resource Agency

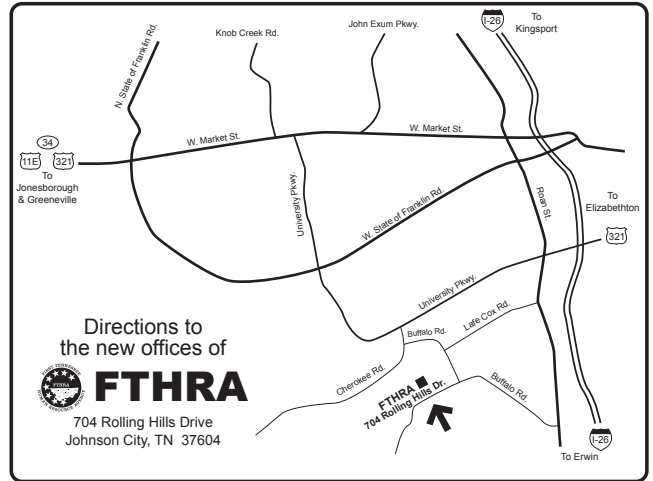
December 2011 Newsletter

FTHRA Central Office Moving in December

FTHRA will have a new home at 704 Rolling Hills Drive, Johnson City, TN 37604. Many offices will move beginning December 16, but our Central Kitchen and probation services (CCI and ACCP) will remain at 2203 McKinley Road in the former Burlington Building until their space is refurbished.

We will not halt our services during this transition. Please know that our phone numbers will remain the same and in operation. Our main office number is 423-461-8200.

We look forward to inviting you to our new location as soon as the dust settles and our family of services are together again. Stay tuned for updates...



United Way of Washington County, TN Reaching its Goal



Personal Support Services staff Chris Davis, Rebekah Moore, Diego Soriano and Pat Griggs, PSS Program Director helping raise funds for United Way of Washington County, TN at one of the local auto dealers.

We are blessed to live and work in a community where people have such a generous, giving spirit. The United Way of Washington County, TN still has a few weeks to go in their annual campaign, but we are thankful to say they are 79% towards their goal of \$1,725,000.

The United Way of Washington County provides financial support for 17 nonprofit agencies. FTHRA has two programs that receive funding - Adult Day Services (ADS) and Personal Support Services (PSS).

Adult Day Services provides personalized care for adults with disabilities. They provide transportation, meals and snacks, and many life enriching activities, including crafts, daily exercise, socialization with peers, music and art therapy, hair and dental appointments and much more.

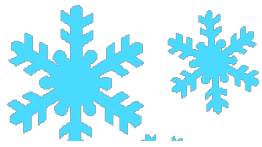
Personal Support Services provides adults with an assistant who will do house cleaning, laundry, grocery shopping and other household chores and personal care. These program provide support that help adults remain in their own home.



You can still help United Way by calling 423-282-5682 to make a pledge. You can also come out to Fatz, 3101 W. Market St., Suite 101, Johnson City, Saturday, Dec. 3rd • 7:30-10:30 am for a pancake breakfast. Adult tickets are \$7 and children under 6 are free! Call United Way for tickets.



First Tennessee Human Resource Agency



WE ARE
Meals On Wheels
So no senior goes hungry.

Winter Weather Does Bring Changes to our Nutrition Program

With the change of temperature and threat of snow, our Chef Bradley keeps a close eye on the local news and road condition advisories starting at 3 am. The decision to close a meal site is not taken lightly because we know that without the nutritious noon time meal a recipient may not get adequate nutrition for the day. If your school system is closed then the meal site in that county will be closed for lunch that day. Our Meals on Wheels volunteers are also a top priority in making the decision to close. The volunteers use their own vehicles to deliver the homebound meals and we never want to put them at risk. Our Meals on Wheels recipients already have emergency (shelf stable) meals we provide. If you have any questions about our Nutrition Program or our weather policy, please call 423-461-8217.

FTHRA Kitchen Facts Did you know our kitchen uses:
An average of 620 pounds of food per day
An average of 3,100 pounds of food per week
An average pounds of 12,400 of food per month



First Tennessee Human Resource Agency provides much needed social services in Carter, Johnson, Greene, Hancock, Hawkins, Sullivan, Unicoi and Washington Counties. FTHRA administers 18 vital programs to assist the people of Northeast Tennessee. We rely on support from local governments, United Ways, grants, foundations, fundraisers and private donors.

If you would like to contribute to the agency or a specific program, please visit our website at www.fthra.org to donate online with a credit card, via PayPal or by calling our Finance Director, Jason Cody, at 423.461.8283. All donations are tax deductible.

To volunteer or learn more about our programs, call Stephanie Walker at 423.461.7769 or email at swalker@fthra.org.

First Tennessee Human Resource Agency
2203 McKinley Road, Suite 210
Johnson City, TN 37604



Central Office: 423-461-8200
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First Tennessee Human Resource Agency has named Nathan Light as NET Trans 2011 Van Roadeo winner and 2nd place winner in the state wide Tennessee Public Transportation Association (TPTA) Van Roadeo. A van roadeo is a skills test for public transportation operators. In addition to a written test on emergency procedures, operators navigate through an obstacle course and compete in other events that test their skills at performing pre-trip safety inspections and securing a wheelchair on board the van. "Not only do the NET Trans drivers get to show off their skills, they get honored for the job they do each day" says Tim Jaynes, NET Trans Program Director, of the annual Van Roadeo.



NET Trans provides vital rural transportation services in Northeast Tennessee. Along with trips to doctors' appointments, NET Trans provides transportation to grocery store, hair appointments, shopping centers and other nonmedical trips. NET

Trans served 7,693 people with 182,163 trips in the past year. Please call 423-461-8233 or 1-800-528-7776 for questions and to schedule a trip.

Christmas Tree decorated by Foster Grandparents raised \$230 for the Children's Advocacy Center and Niswonger Performing Arts Center.